Blood Pressure (High) - Hypertension

This is in my opinion a very helpful protocol to test in cases of High Blood Pressure.

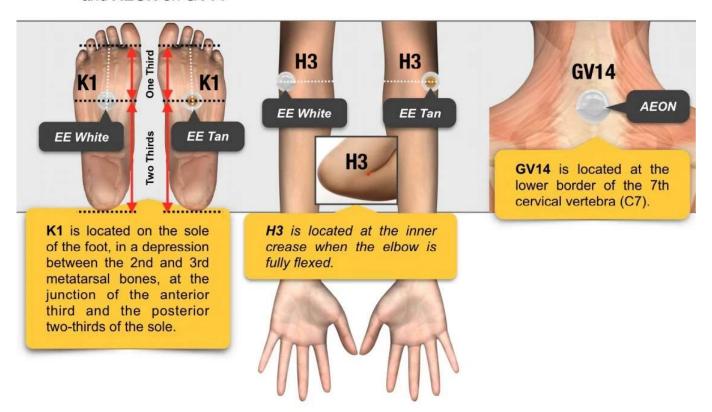
STEP 1:

IMPORTANT - Check your Blood Pressure Before You Start The Protocol

Place ENERGY ENHANCER on K1 - WRTL

ENERGY ENHANCER on H3 - WRTL

and AEON on GV14



Run all 3 positions for 15 minutes and test your Blood Pressure again.

According to your result, you can choose to continue with Step 2 on next page and test other positions as well.

STEP 2:

Place ENERGY ENHANCER on SI16 - WRTL

and **GLUTATHIONE** on **H3** - **Right Side** ("Double Stacked" or Over the EE White)



H3 is located at the inner crease when the elbow is fully flexed.

There are several other acupoints that are useful that you could test like for example EE on **ST36** (WRTL) and EE on **P6** also (WRTL), however, in my personal experience, any patching approach for Hypertension or Hypotension are not addressing the real cause of the issue.

My own Mother suffered of Hypotension all her life, and now, at 75 years young, she solved it for good...

How Did She Do It?

We worked on all the basic areas which are the actual cause...

We worked on her "Lifestyle", involving everything around what she consumed daily.

And she is now having no issues at all...

and this results are not "Random", several other Hypertension cases have been completely solved using the same set of principals...

You can find out more about this topic at my **Lifestyle Protocol Video Series**, accessible at **PatchingProtocol.com** once you are logged in as a Subscriber (Free Member) or a Full Member...