

# Cholesterol

Here you have 3 Options for Cholesterol, which it needs discipline and patients...

## CHOLESTEROL OPTION #1

### Day 1

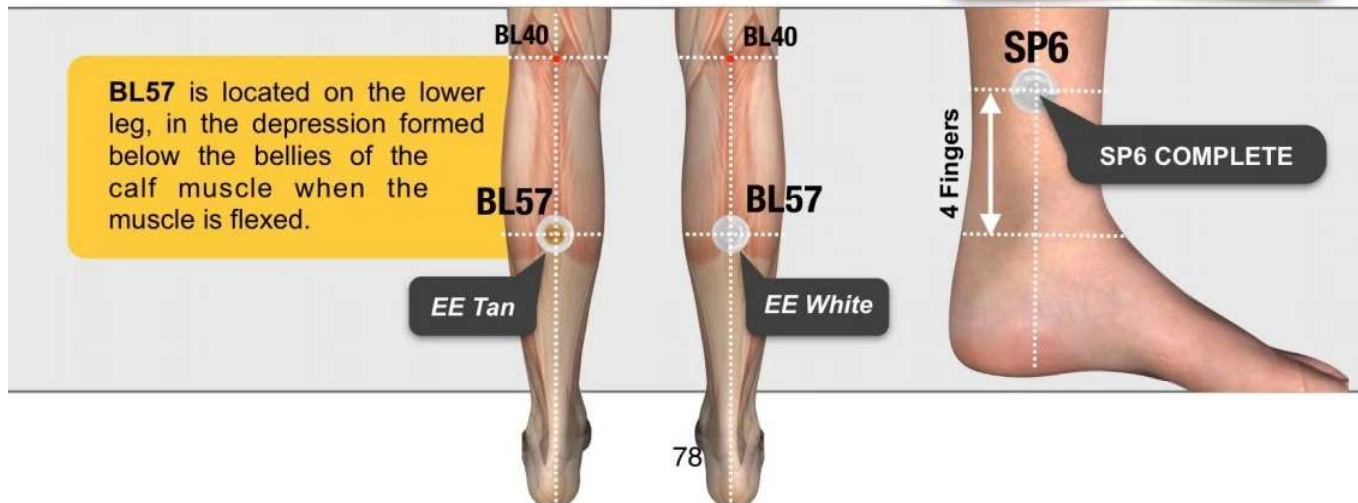
**ENERGY ENHANCER** on **GB41** - **WRTL** - Wear for 24 hours  
**SP6 COMPLETE** on **SP6** position - **Left Side** - Wear for 24 hours



### Day 2

**ENERGY ENHANCER** on **BL57** - **WRTL** - Wear for 24 hours  
**SP6 COMPLETE** on **SP6** position - **Left Side** - Wear for 24 hours

**SP6** is located on the medial side of the lower leg, 4 fingers superior to the prominence of the medial malleolus, in a depression close to the medial crest of the tibia.



## CHOLESTEROL OPTION #2

### Day 1

**ENERGY ENHANCER** on **GB41** - **WRTL** - Wear for 24 hours

**SP6 COMPLETE** on **SP6** position - **Left Side** - Wear for 24 hours

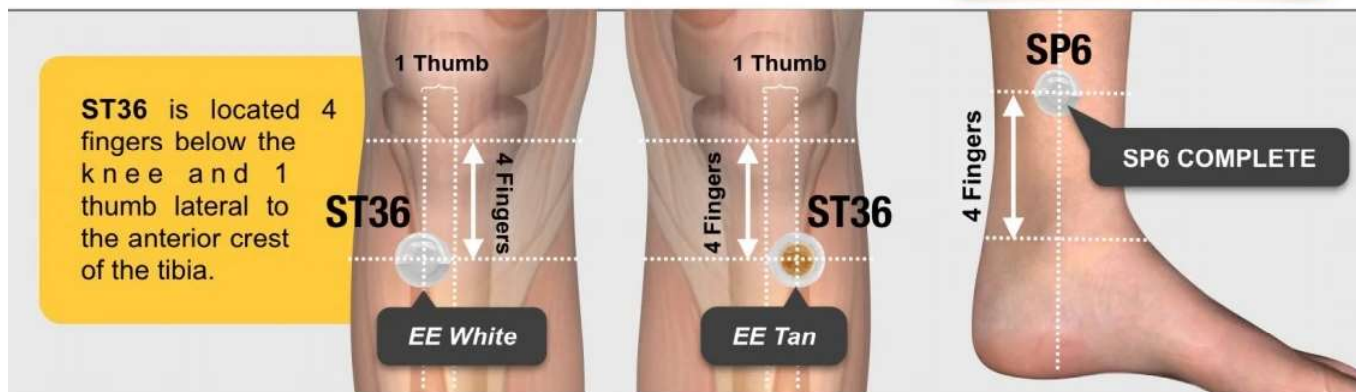


### Day 2

**ENERGY ENHANCER** on **ST36** - **WRTL** - Wear for 24 hours

**SP6 COMPLETE** on **SP6** position - **Left Side** - Wear for 24 hours

**SP6** is located on the medial side of the lower leg, 4 fingers superior to the prominence of the medial malleolus, in a depression close to the medial crest of the tibia.



### General Notes:

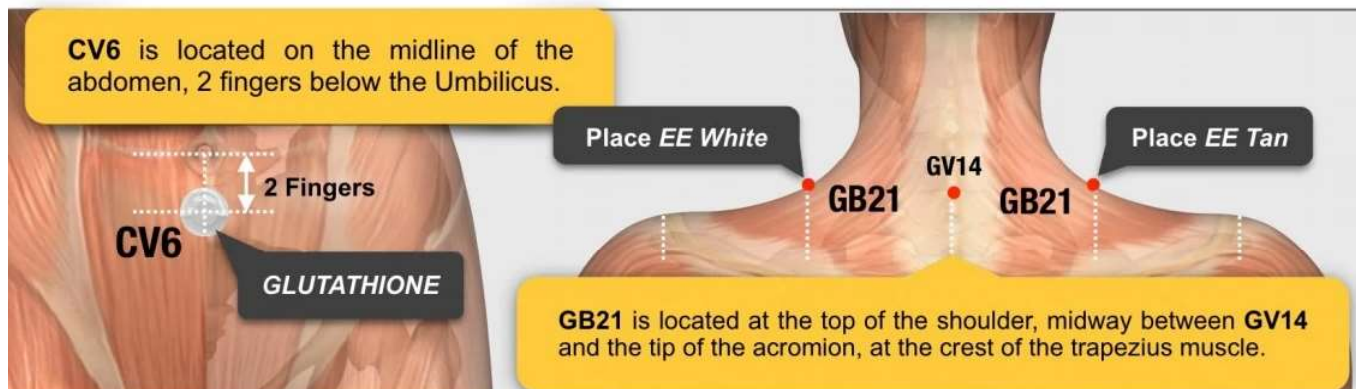
- 1- Start any option at a convenient time in the morning, i.e. 8am.
- 2- Keep all patches on for 24 hours.
- 3- Use new patches if were used for over 24 hours.

## CHOLESTEROL OPTION #3

### Day 1

**GLUTATHIONE** on **CV6** - Wear for 24 hours

**ENERGY ENHANCER** on **GB21** - **WRTL** - Wear for 24 hours



### Day 2

**GLUTATHIONE** on **LI4** - **Right Side** - Wear for 24 hours

**ENERGY ENHANCER** on **BL57** - **WRTL** - Wear for 24 hours



In my personal experience running these 3 patching options on myself and many others, I can say that it will be really important to look at your own Lifestyle as well.

Lifestyle plays a huge roll on how our body reacts in general. You can find out more about this topic at my **Lifestyle Protocol Video Series**, accessible at **PatchingProtocol.com** once you are logged in as a Subscriber (Free Member) or a Full Member. This new approach complement very well the patches working at a "Cause" level.

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.