

# Fibromyalgia

This 2 days protocol is quite useful for Fibromyalgia cases.

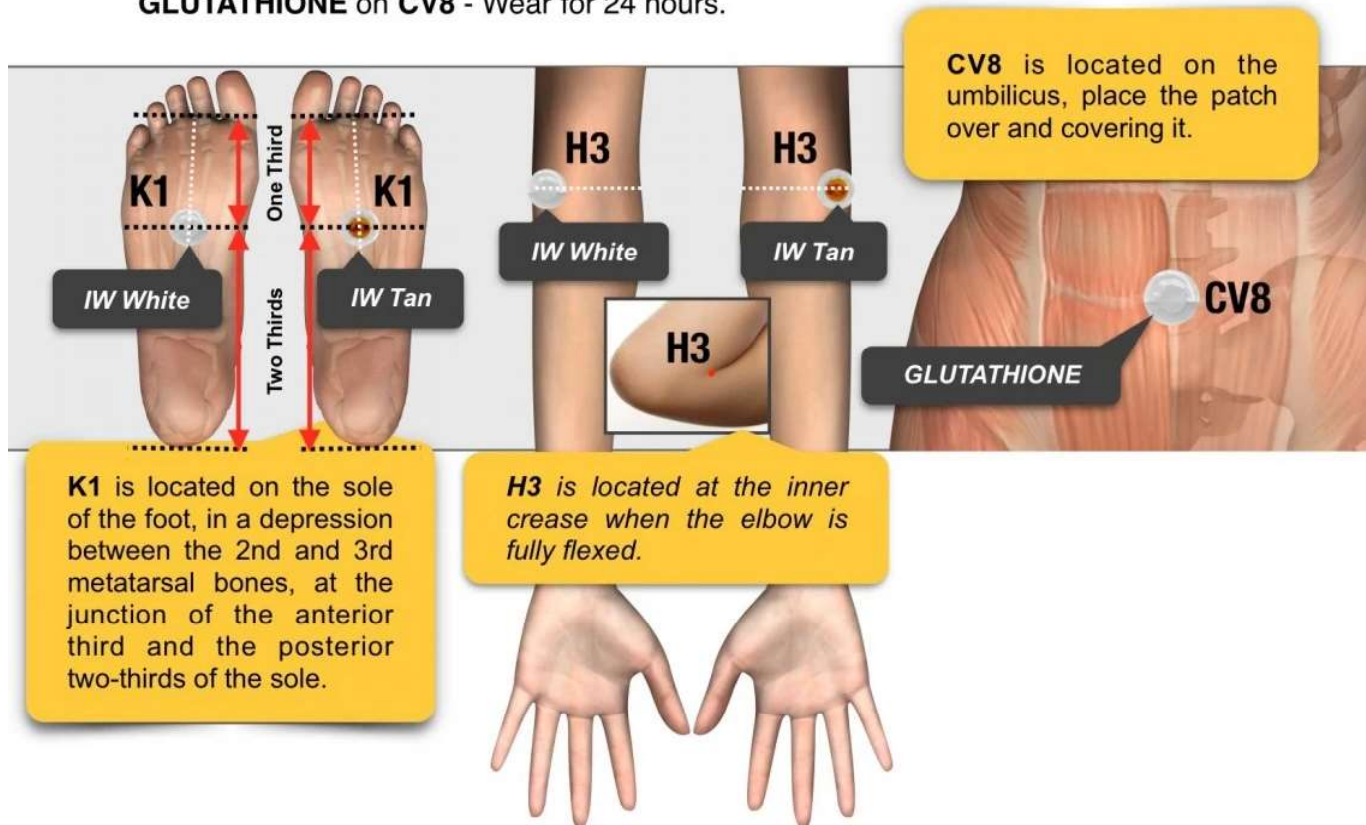
## Fibromyalgia Protocol - Day 1

Try to start patching at a convenient time in the morning like 8am for example.

**ICEWAVE** on **K1** - **WRTL** - Wear for 24 hours.

**ICEWAVE** on **H3** - **WRTL** - Wear for 24 hours.

**GLUTATHIONE** on **CV8** - Wear for 24 hours.



This protocol continues in the next page →

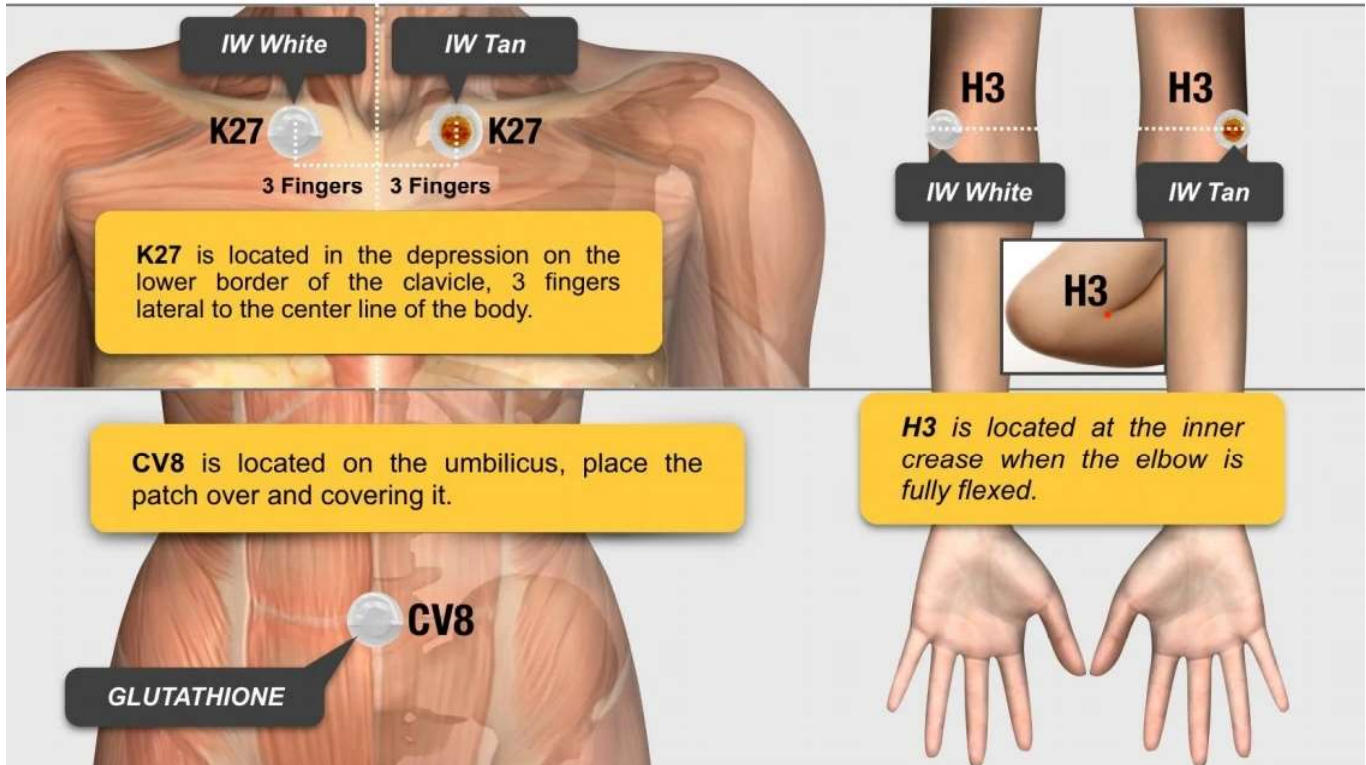
## Fibromyalgia Protocol - Day 2

Remove all patches from the previous day and wear a new set. Try to start at the same time, 8am for example.

**ICEWAVE** on **K27** - **WRTL** - Wear for 24 hours.

**ICEWAVE** on **H3** - **WRTL** - Wear for 24 hours.

**GLUTATHIONE** on **CV8** - Wear for 24 hours.



### General Notes:

1- Wearing all above patching procedure for 2 consecutive days is consider 1 Cycle (Day 1 and Day 2).

2- I recommend to go for several consecutive cycles until you notice improvement in the condition.

3- Use new patches starting a new day.

**Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.**