

Glaucoma

As we understand it, Glaucoma is a syndrome of increased intraocular pressure and visual field defect due to the progressive damage to the Nerve Fibres.

According to TCM, Glaucoma is a symptom of **Wind**.

A Wind Symptom starts dramatically, progresses rapidly and changes fast, and it's considered a serious condition.

Simple Explanation:

The Liver Channel opens into the Eyes and **Liver "Fire"** can produce Wind and excessive **Liver Yang** could transform also into Wind. In other words, Glaucoma is a condition mostly related to the Liver.

Internal Emotional Injuries could be a major contributor to the development of Glaucoma. Hyperactivity of Liver Yang due to Yin Deficiency can all lead to the disharmony of Chi and Blood of the Meridians and Liver overacting on the Spleen could lead to the accumulation of liquid in the Eyes which is also considered a cause of Glaucoma.

Quick Note: *If you'd like to understand more about all the "Academic" Terms I use here, you might want to read my first book: **Understanding Meridians & Acupoints Using LifeWave Patches**, where I explain in simple terms the most basic TCM concepts.*



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Glaucoma Protocol - Day 1

Step 1

Try to start patching at a convenient time in the morning like 8am for example.

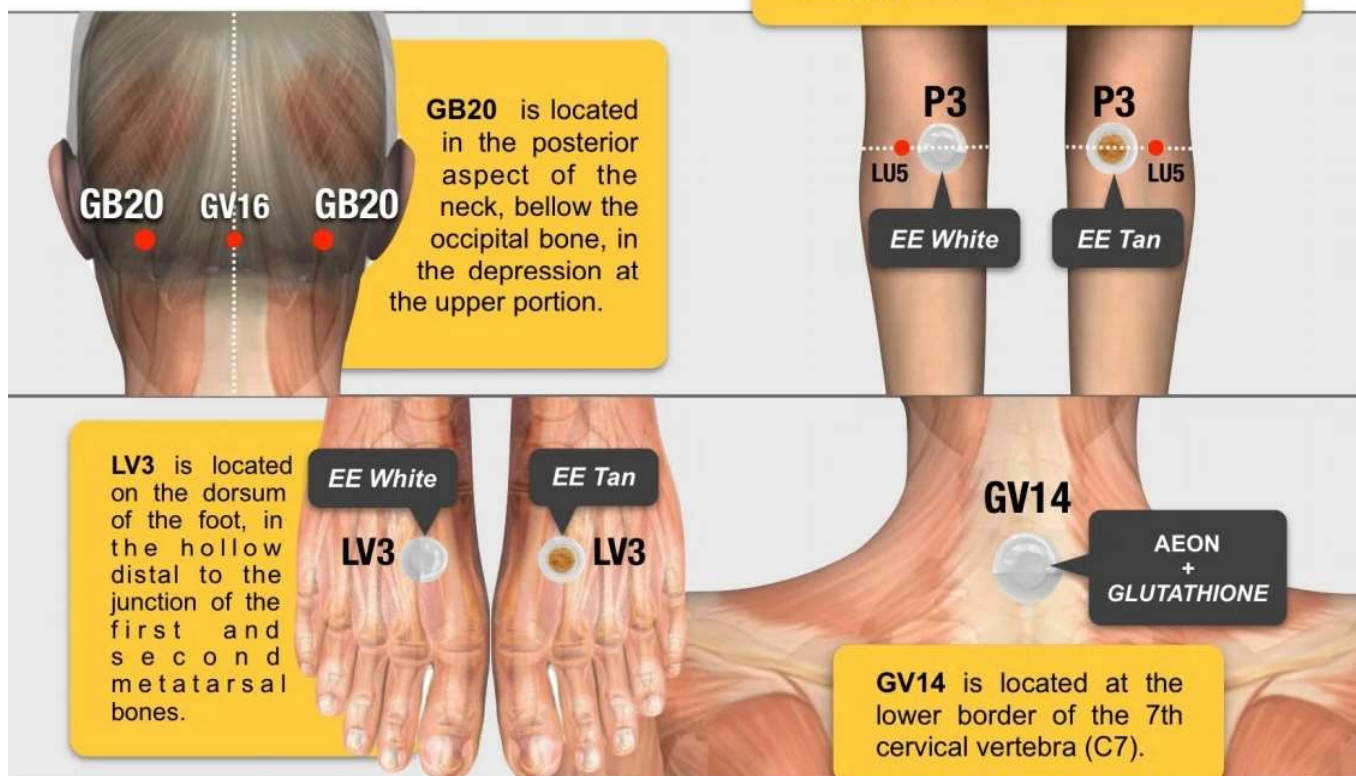
ENERGY ENHANCER on **GB20** - **WRTL**

ENERGY ENHANCER on **PC3** - **WRTL**

ENERGY ENHANCER on **LV3** - **WRTL**

AEON + GLUTATHIONE on **GV14**

P3 is located on the internal crease of the elbow, slightly to the inner side of the arm proximal to **LU5**.



Step 2

As soon as you have all patches at Step 1 in place, take two **GLUTATHIONE** patches and do this:

place each **GLUTATHIONE** Patch over each **Eye for 1 Hour**

Add 1 **AEON** Patch on **Yintang** Position

This protocol continues in the next page →



*Note: The idea is to place the two **GLUTATHIONE** patches over each eyelid while resting (You may rest the patches over the eyes without removing the adhesive backing). One good solution is to stick both patches into a sleeping eye mask, either on the outside or the inside.*

IMPORTANT: After 1 hour, remove both **GLUTATHIONE** patches from your Eyes and the **AEON** patch from your forehead and keep them handy, because you will apply them again 2 more times making a total of 3 times per day.

You could do that **Early Morning**, in the **Afternoon / Evening Time** and **Night** before going to Sleep...

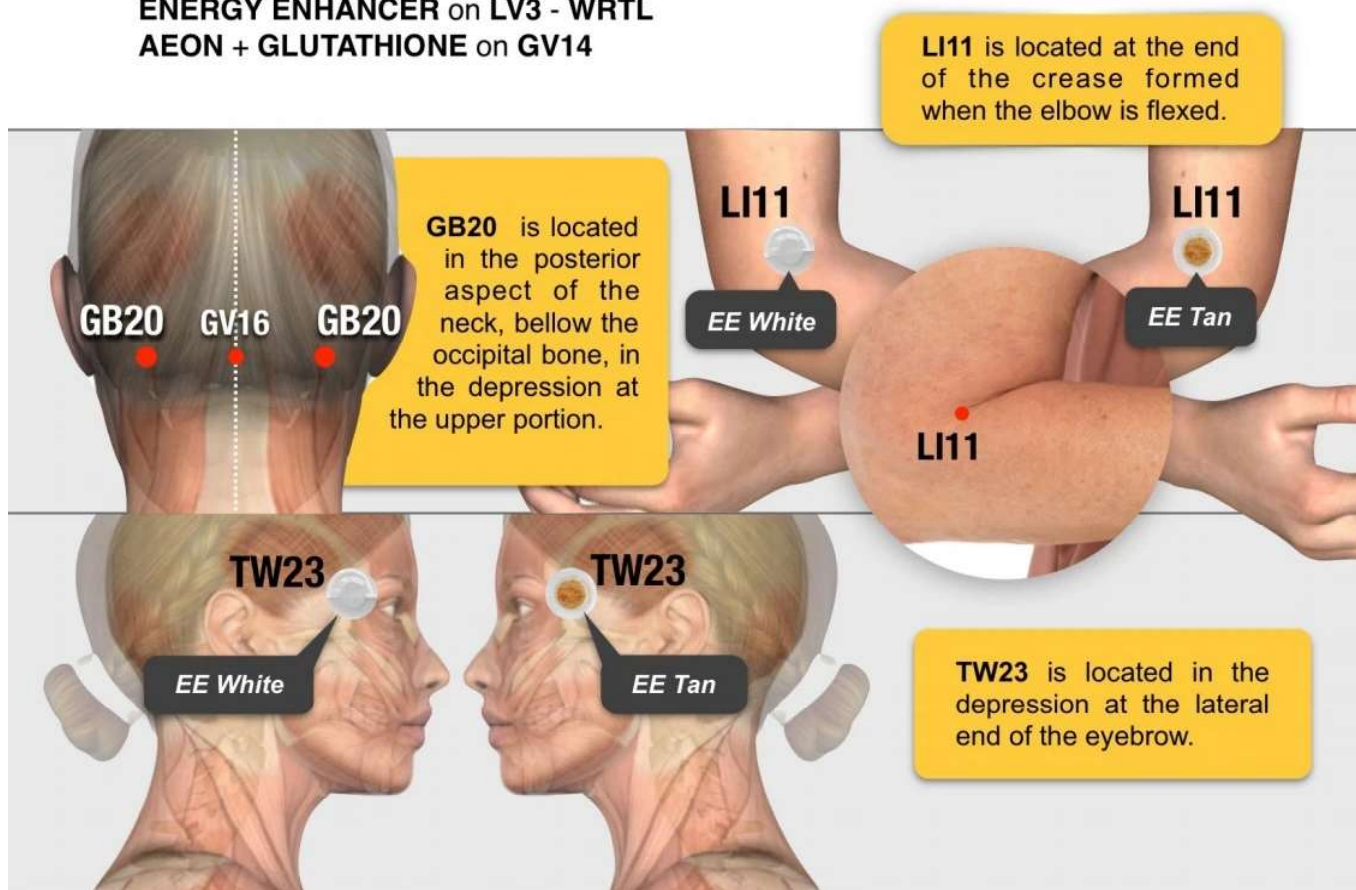
Adjust the time according to your daily activities.

Glaucoma Protocol - Day 2

Step 1

Remove all patches from the previous day and wear a new set. Try to start at the same time, 8am for example.

ENERGY ENHANCER on **GB20** - WRTL
ENERGY ENHANCER on **LI11** - WRTL
ENERGY ENHANCER on **TW23** - WRTL
ENERGY ENHANCER on **LV3** - WRTL
AEON + GLUTATHIONE on **GV14**





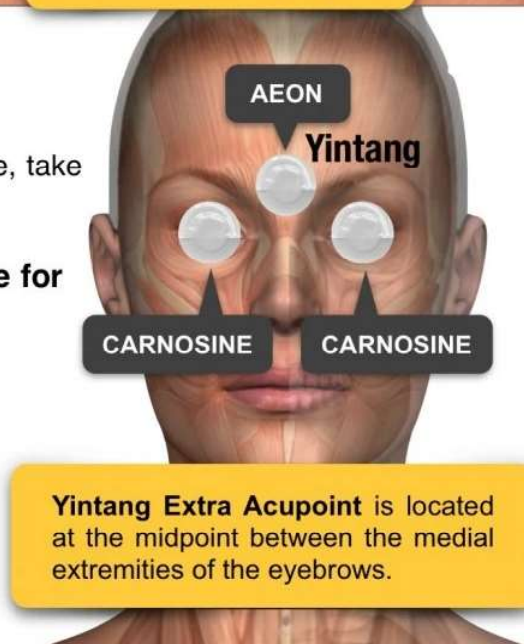
Step 2

As soon as you have all patches at Step 1 in place, take two **GLUTATHIONE** patches and do this:

place each **CARNOSINE Patch over each Eye for 1 Hour**

Add 1 **AEON Patch on Yintang Position**

*Note: The idea is to place the two **CARNOSINE** patches over each eyelid while resting (You may rest the patches over the eyes without removing the adhesive backing). One good solution is to stick both patches into a sleeping eye mask, either on the outside or the inside.*



IMPORTANT: After 1 hour, remove both **CARNOSINE** patches from your Eyes and the **AEON** patch from your forehead and keep them handy, because you will apply them again 2 more times making a total of 3 times per day.

You could do that **Early Morning**, in the **Afternoon / Evening Time** and **Night** before going to Sleep...

Adjust the time according to your daily activities.

General Notes:

- 1- Wearing all above patching procedure for 2 consecutive days is consider 1 Cycle (Day 1 and Day 2).
- 2- I recommend to go for several consecutive cycles until you notice improvement in the condition.
- 3- Use new patches starting a new day.

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.