

Herpes Simplex Keratitis

We received a question from one of our members related to Herpes Simplex Keratitis and I've formulated this simple patching strategy that might help to clear the symptoms in a couple of days...

Herpes is considered in TCM to be often concurrent in women during their period because it involves the entire pathway of 2 channels: Pericardium and Liver.

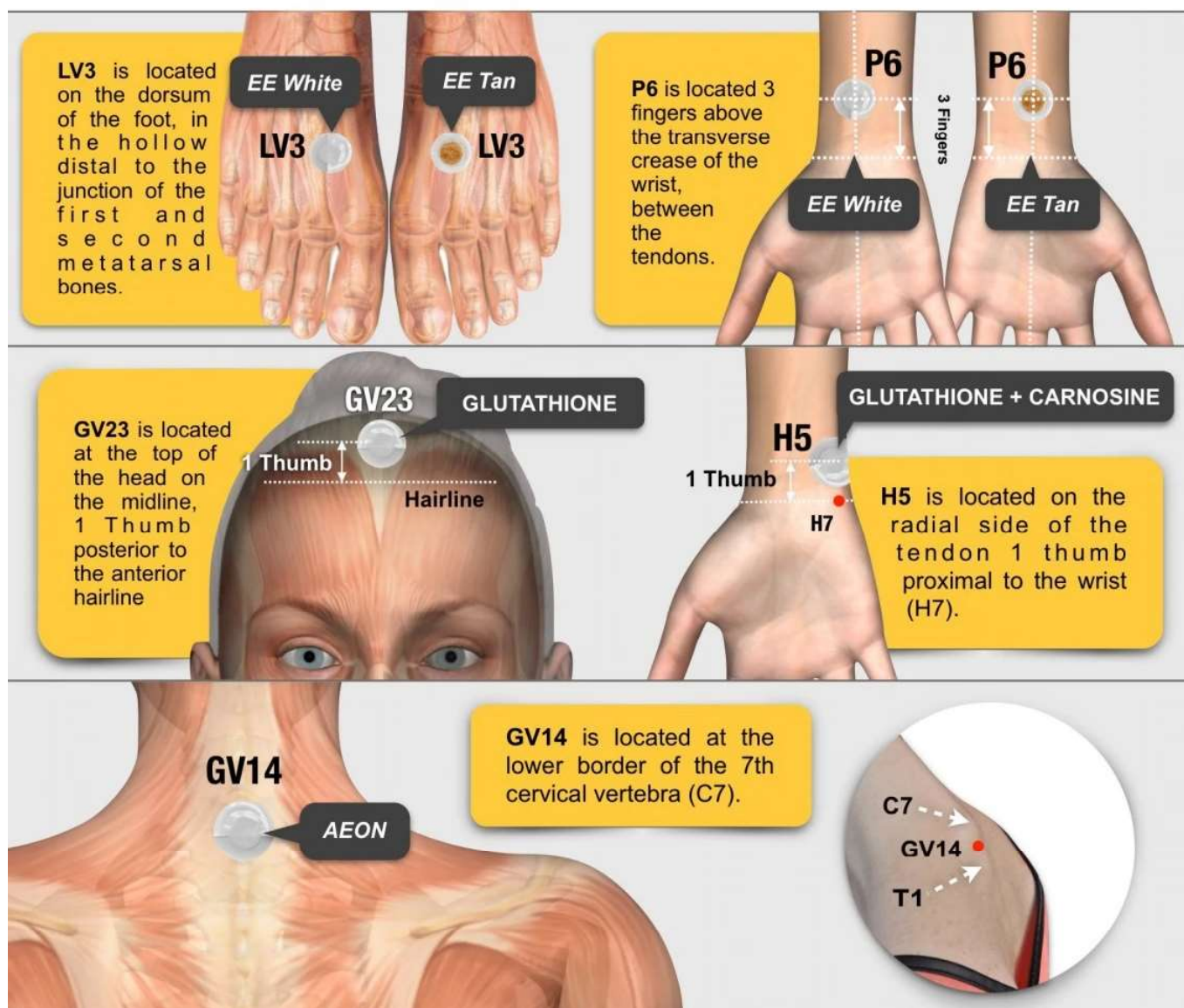
ENERGY ENHANCER on **LV3** - **WRTL**

ENERGY ENHANCER on **P6** - **WRTL**

GLUTATHIONE on **GV23**

GLUTATHIONE + CARNOSINE (*Double Stacked*) on **H5** - **Right Side**

AEON on **GV14**



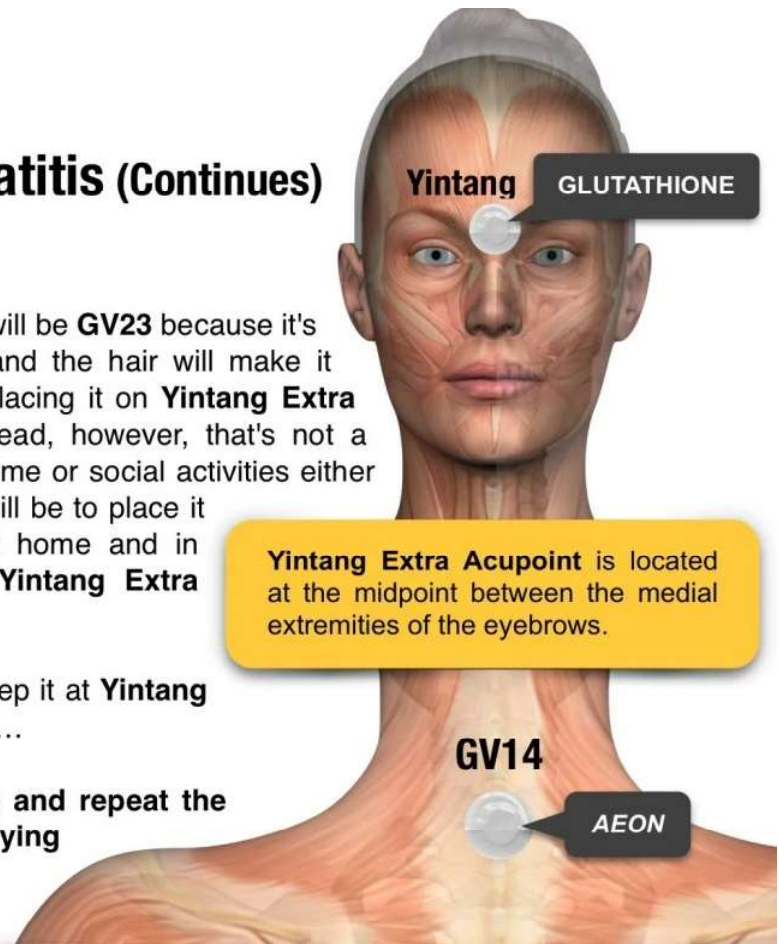
Herpes Simplex Keratitis (Continues)

Special Note:

the only difficult position to patch will be **GV23** because it's located at the top of the head and the hair will make it difficult to stick, you can try by placing it on **Yintang Extra Point** (*between your Eyebrows*) instead, however, that's not a good point to patch during work time or social activities either so, I guess that the next choice will be to place it at **GV14** during the day and at home and in private, change it to **GV23** or **Yintang Extra Point** till next morning...

If you can patch it on **GV23** or keep it at **Yintang Extra Point** it would be very good...

Leave all patches for 24 hours and repeat the process for 3 to 4 days by applying new patches after 24 hours.



Yintang Extra Acupoint is located at the midpoint between the medial extremities of the eyebrows.

GV14 is located at the lower border of the 7th cervical vertebra (C7).

Conclusion and Final Notes:

This will be a good Base Protocol to start and I also recommend this:

- Try to stop consuming Sugar in any form, as well as Coffee, Dairy and Flour for the days you are applying the patches.
- One last thing, try to get Coconut Oil and apply some throughout the day externally by using your hands and rubbing it around your eyes closed...

That I think will clear the symptoms in a couple of days...

General Notes:

- 1- Start patching once you need it. It could be at any time of the day.
- 2- Repeat the procedure as long and as many times needed.
- 3- Use new patches if were used for over 24 hours.

General Recommendations:

Be well hydrated, 6 to 8 glasses of quality water daily will be ideal. Drink 1 glass of water before applying/exchanging LifeWave Patches.